



Potters Bar

# Mayfair Lodge

Mayfair Lodge is more than a care home, it's a place to enjoy life in a warm, friendly and caring environment. A place where you have the freedom to be who you want to be, either independently or with our support. We understand that you are not trying to change your life, just your home, that's why all the things that are important to you matter to us too. As part of a not for profit organisation you can rest assured that your care at Mayfair Lodge is our number one priority.

## Your Home

Situated in Potters Bar, Mayfair Lodge has a warm and homely atmosphere, where you will have the freedom to enjoy the privacy of your own en-suite bedroom, or to share your time with others in our wide range of communal areas including lounges, dining rooms, cosy corners and more. If you like to enjoy the outdoors, the home has a beautiful landscaped garden with its own vegetable patch for the green-fingered among you!

Such kindness to my uncle and the family will never be forgotten and it is always a great comfort to us knowing he is in such good hands. Thank you.













## Your Leisure

People are happier and more content when they stay physically and socially active. That's why, at Mayfair Lodge, we have a team of dedicated activities co-ordinators. They will work with you to plan a wide range of activities for you to enjoy. You can get involved in everything from gentle exercise classes and arts and crafts through to evening entertainment, themed parties and outings. Within Mayfair Lodge you will also find a coffee shop which can be used by residents and their families, as well as a Q Club day centre which is open to the local older community.

## Your Dining Experience

Food isn't only one of the greatest pleasures in life, it's also vital to your well-being. That's why we place such an emphasis on the experience of eating. All meals are prepared on site using fresh ingredients by our chefs who can tailor the menu to meet a wide range of dietary requirements. Meals can be enjoyed in our dining rooms or, if you'd prefer, in the privacy of your own room.

#### Your Care

The staff at Mayfair Lodge will work with you to help maintain your health and well-being. They will create a unique care plan specific to your individual needs to ensure that the care you receive reaches your expectations. We choose dedicated staff for whom caring is not just a job but a vocation. Each and every member of staff receives first class training which continues throughout their professional career.

## Our Services

Whether you require a day care service, a respite break or long term care, the staff at Mayfair Lodge have the expertise to offer you a service which is tailored to your individual needs. We offer the following types of service:

- Day Care
- Respite Care
- Residential Care
- Dementia Care

## Contact Details

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For further information on any of our homes or the care services we provide, please contact us:

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