

Greenacres

Specialist Care
for the Older Person



Greenacres



More than a Care Home

Greenacres is more than a care home; it's a place to enjoy life while receiving the care and support you need to maintain your independence.





Your New Home

We understand that you're not trying to change your life, just your home, which is why all the things that are important to you matter to us too.



We're here to help you to continue living your life, your way, which includes keeping up with old hobbies, trying out new experiences and maintaining your relationships. Greenacres is your home so your friends and family are welcome to visit whenever you like for as long as you like.

There are four households at Greenacres each with its own lounge, kitchen and dining area.

Free wi-fi is accessible throughout the home to help you keep in touch with your loved ones, wherever they are.

*When you move to Greenacres,
all that needs to change is your address.*





Your Choice

You will have your own fully furnished bedroom complete with an en-suite shower room. There is also a larger bathroom on each household for residents that prefer a bath or require assistance. New residents are encouraged to bring personal items like framed pictures and photos or ornaments to make them feel at home.

At Greenacres, you can choose to socialise in one of many communal areas, or you may prefer to relax in the privacy of your own room. Whatever you decide, the choice is yours.

If you enjoy spending time outdoors, Greenacres has a large garden where residents can socialise with one another or enjoy the peace and tranquillity in one of the many seated areas.





Your Leisure

People are happier and more content when they stay physically and socially active. That's why, at Greenacres, we have a team of dedicated activity care workers that work with the residents to plan a range of activities and events for everyone to enjoy no matter of your ability.

Some activities are enjoyed in groups, whilst others are offered on a one-to-one basis.

You can get involved in as much or as little as you choose, from gentle exercise, arts and crafts, cookery and gardening, to themed parties, outings and live entertainment. The choice is yours.

We understand the importance of looking and feeling your best which is why Greenacres has it's own hairdressing salon.



Other activities at Greenacres include:



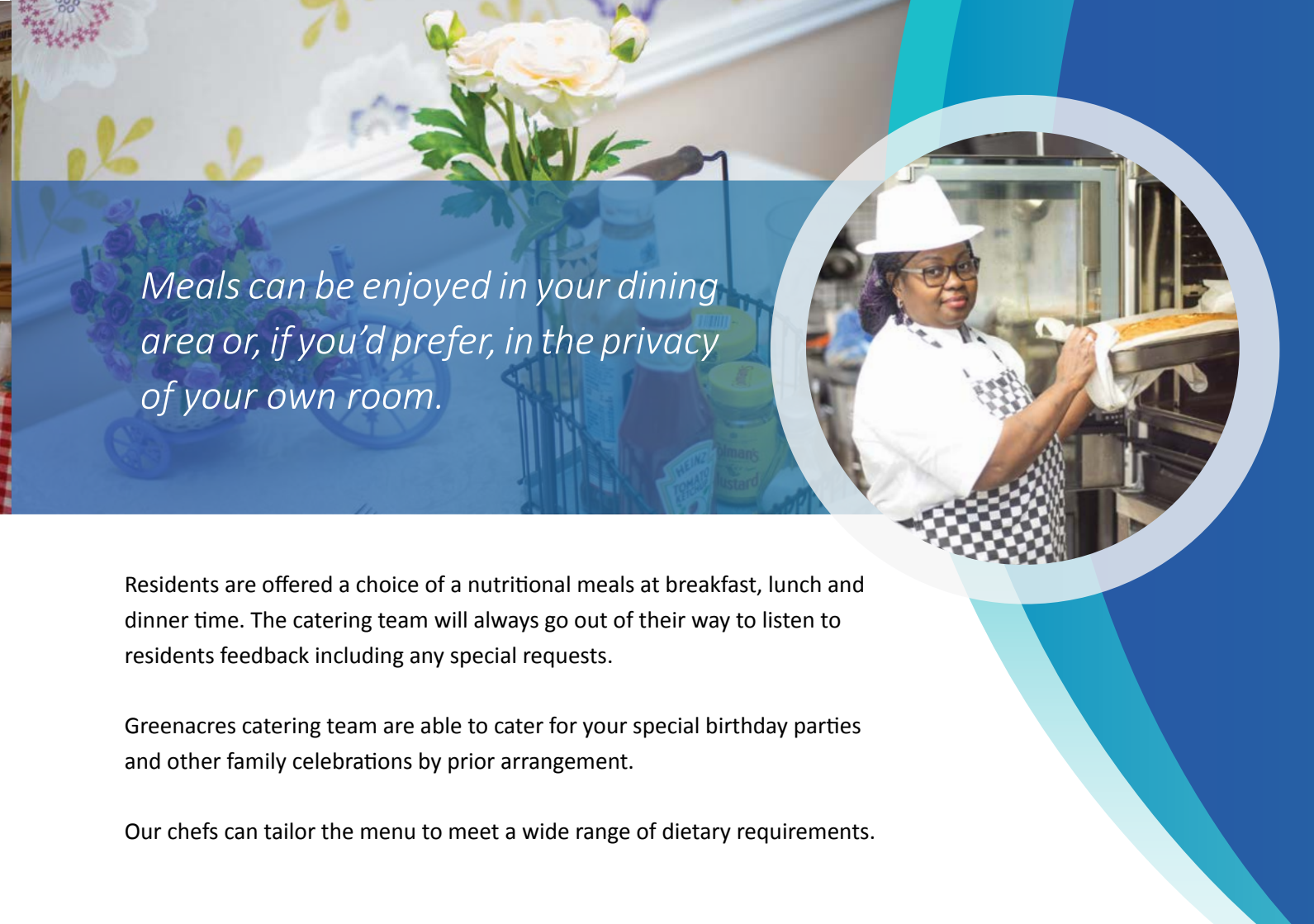
Oomph Activity Session

Greenacres staff are trained to deliver this light armchair exercise session. Not only does it help maintain physical strength, it is fun and mentally stimulating. This session is also open to members of the local community by prior booking.

Namaste Care

Namaste care therapy is used at Greenacres to enhance quality of life for people living with advanced dementia. The therapy incorporates stimulation of the five senses (touch, hearing, sight, smell, taste).

A multi-sensory environment is created with the use of music, colour, and therapeutic touch (light massage). Aromatherapy oils and food treats are also used to stimulate the senses of smell and taste.



Meals can be enjoyed in your dining area or, if you'd prefer, in the privacy of your own room.

Your Dining Experience

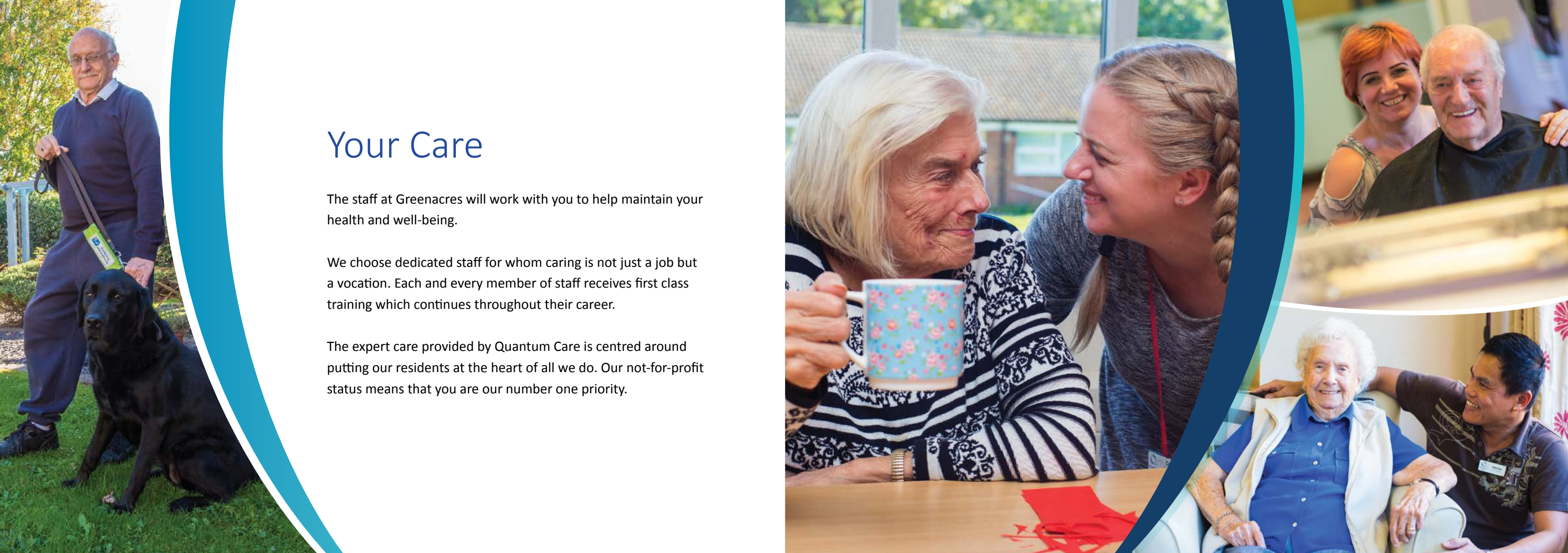
We place a real emphasis on meal times at Greenacres, both for the nutritional benefits from eating well and the enjoyment everyone gets from a great meal.

All our meals are prepared on site by our professional chef and catering team, using fresh ingredients from sustainable sources that are as local as possible.

Residents are offered a choice of a nutritional meals at breakfast, lunch and dinner time. The catering team will always go out of their way to listen to residents feedback including any special requests.

Greenacres catering team are able to cater for your special birthday parties and other family celebrations by prior arrangement.

Our chefs can tailor the menu to meet a wide range of dietary requirements.



Your Care

The staff at Greenacres will work with you to help maintain your health and well-being.

We choose dedicated staff for whom caring is not just a job but a vocation. Each and every member of staff receives first class training which continues throughout their career.

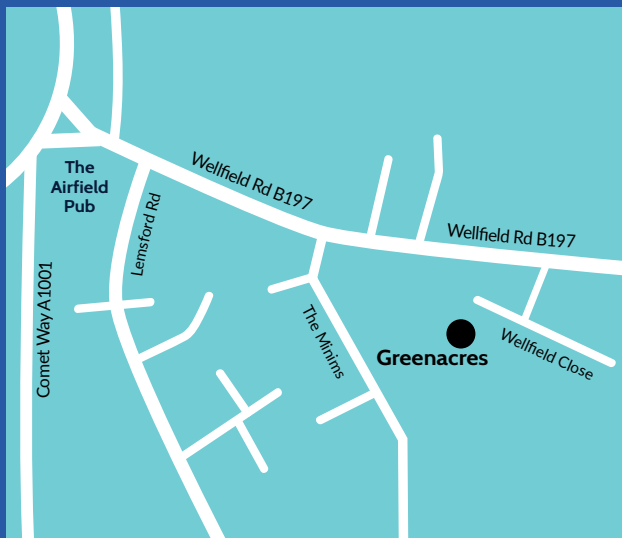
The expert care provided by Quantum Care is centred around putting our residents at the heart of all we do. Our not-for-profit status means that you are our number one priority.

Our Services

At Greenacres, our expertise in care is wide-ranging and able to meet people's changing needs. We offer the following types of service for the older person:

- Residential care – long term care and support for older people who need help with day-to-day living.
- Dementia care – specialist care and support for those living with dementia.
- Respite care – short-term care and support.
- Palliative care – caring and supporting an older person that is living with a terminal illness.





Quantum Care
for care, not profit
www.quantumcare.co.uk

**Rated 2nd Best Residential Care Provider
in England by Laing Buisson July 2018**
5th Best Care Provider by Consumer Group Which?

Quantum Care is a not-for-profit company, providing a range of care services for older people, including residential, dementia, respite and day care services.

For more information on any of our homes or the care services we provide, contact us on: 01707 393293

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