

Specialist care, **peace of mind**

| **Nursing Care**



A warm welcome

Our homes' environment has been designed to enhance the quality of life of people who require nursing care, with our nurses offering a wide range of nursing skill, knowledge and experience.

As a nursing resident, your loved one will be cared for round the clock by a trained team led by registered nurses who provide specialised and personalised care for our residents. Our nurses are supported by a team of dedicated and experienced carers, who will assist our nurses in giving all aspects of personal care.

They will join the home's community and can take part in activities, join trips out, or simply relax in the home and enjoy the freshly cooked meals. They can maintain their independence in the knowledge that our specialist team is there to support them.

Our nursing residents can book appointments with our visiting hairdressers and chiropodists as well as join day trips where available.

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What is nursing care?

Loved ones who have an illness or clinical condition that requires frequent medical attention would be suited to living in one of our nursing homes.

Along with social interaction and companionship, nursing care in an OSJCT home also provides residents with expert medical support within a specialist environment that is tailored to their specific needs. Care and treatment is administered round the clock at times that are convenient for residents.

Your loved one will be cared for by a trained team headed by a registered nurse who can recognise symptoms and identify changes to medical conditions. Strong connections to local doctors and healthcare professionals mean that further support is always close to hand if required.

Our homes are equipped with specialist beds and a range of equipment to aid movement for those living with mobility difficulties.

Why choose nursing care in a home?

“My Mum loved gardening and during the summer they encourage her to get out in the garden and help tend the flower beds (even though she can only hold the trowel). This is an exceptional caring home.”

**Daughter of resident at
Grevill House**

With many different options available, we understand that choosing the right care, within the right setting, can often be a difficult decision. It is important you and your loved one have peace of mind that the care you choose will cater for their medical needs along with providing the right environment for their social, physical and mental wellbeing.

Nursing care in a home provides opportunities for social interaction and stimulation at any time of day as well as round the clock medical care.

Your loved one will have choice and flexibility when deciding on all aspects of life with us at OSJCT. Before joining us your loved one would undergo a health assessment which will recommend which care type they might benefit from the most.

Service	OSJCT Nursing care home	OSJCT Residential care home	Scheduled domiciliary care visits (in your own home)
Personal care (bathing, assisted toilet visits, getting dressed etc)	✓	✓	✓ *
Administration of medication and minor nursing needs	✓	✓ **	✓ *
24-hour care	✓	✓ ***	
Tailored activities programme	✓	✓	
Social stimulation, companionship and friendship at any time of day	✓	✓	
Choice and flexibility of routine (getting up, bathing, mealtimes etc)	✓	✓	
Delicious home cooked meals freshly prepared onsite	✓	✓	
Laundry services	✓	✓	
Easy access to additional services (chiropodist, hairdresser etc)	✓	✓	
Specialist medical equipment and adapted furniture	✓		
Care for those with more complex needs	✓		
Medically trained care team led by registered nurses	✓		

* During scheduled visits only

** Appointments with district nurse where required

*** Non-medical

Activities and services

At OSJCT we know that social and mental stimulation can have a positive therapeutic effect and our varied activities programmes play a big part in this. Our dedicated Activities Co-ordinators organise a wide range of events to cater to all interests and they will adapt activities where necessary to make them accessible to all. The team will be delighted to assist your loved one to continue with existing hobbies, as well as giving them the opportunity to try something new if they would like to.

Our nursing residents also benefit from additional services available at the homes such as visits from chiropodists and hairdressers.

Catering

The talented chef and kitchen teams prepare tasty home-cooked meals on site and cater for individual dietary requirements and preferences. All day dining is available for lighter meals and snacks, and all dishes are carefully balanced to provide the best nutritional value.





“The staff are professional, kind and supportive. Good food, activities and entertainment keep the residents happy. Athelstan is a place of laughter and fun and caring and knowledge that your loved one is safe.”

Wife of resident at Athelstan House

Get in touch with us to see how we can support you and your loved ones.

“They provide an excellent service, particularly for those needing nursing care.”

Resident at Beckside



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