



Service user peer buddy scheme at Exemplar Health Care

Plain text version

Welcome to your new home – we are excited for you to move in.



You can have a buddy to welcome you to your new home if you would like this.

They will support you during the first six weeks in the home and answer any questions that you have.

This leaflet tells you more about the buddy scheme.

How it works

The Home Manager will ask you if you want a buddy before you move into the home.

If you **do not** want to have a buddy, please tell the staff. If you **do** want a buddy, your buddy will telephone you before you move into the home.

When you move into the home, your buddy will welcome you to the unit and show you around the home.

Your buddy will tell you what times things happen on the unit, for example, breakfast, lunch, community meetings and medication.

Your buddy will help you to order or ask for food.

Your buddy will tell you about things to do, for example, activities and exercise.

Your buddy will tell you about the local community and how you can go out.

Your buddy will help you to talk to other people on your unit.

You can have a buddy for six weeks – and, if everyone agrees, another four weeks after that

If you want more help, you can ask for your buddy for another four weeks.

When the buddy period has ended, we will ask you to fill in a form to tell us about your experience.

Welcome to Exemplar Health Care.

We hope that you are happy in your new home!

every day better



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