

Activities are everyone's responsibility

Everyone working in our homes, from Administrators and Home Managers, to Kitchen Assistants and Support Workers, is responsible for supporting people to enjoy a meaningful life.

‘Activities’ don’t just mean group activities – everyone is responsible for supporting people to take part in everyday activities that are meaningful to them.

Here are some of the ways that you can support meaningful activity, no matter what role you do. 

- Ask people about their life or family
- Play music whilst you're supporting people to get dressed
- Ask for help watering the plants
- Support people to tidy their bedroom
- Encourage people to choose their outfit for the day

If you'd like to know more about how you can get involved in meaningful activities, or have any ideas, please speak to the Life Skills Team.

