

Havenmere

Immingham



Specialist nursing care for adults with complex needs

every day better

 **Exemplar**
HealthCare

www.exemplarhc.com



Welcome to Havenmere

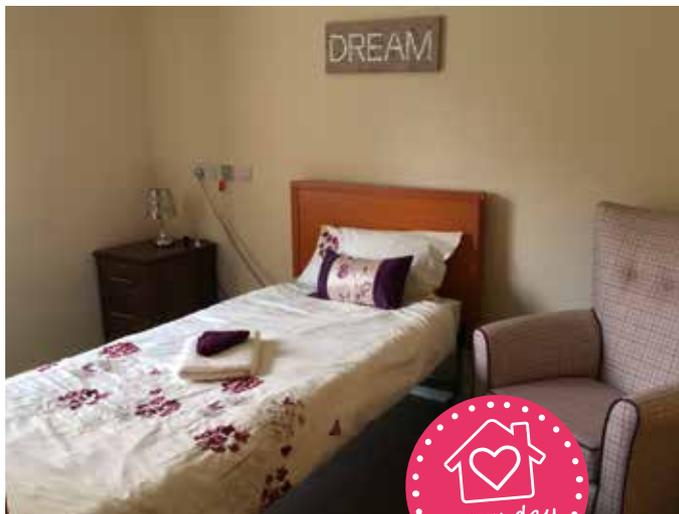
Havenmere is a nursing residential home for adults with complex needs. Located in Immingham, North East Lincolnshire, Havenmere is a caring, welcoming and truly person-centred home.



Personalised care

At Havenmere, we build our care and activity plans around individuals, supporting, nurturing and encouraging them to live happy, fulfilled lives.

Making every day better is about achieving the best possible outcomes for those we care for, so we identify goals and outcomes together with individuals, families and professionals.



Our home

Havenmere provides a three stage care pathway, from the wraparound care of the main home to The Bridgeway OneCare service. This extended care pathway accommodates those returning to life in the community, or is a way into care for people with a progressive condition who may not yet require complex nursing care. Please refer to our separate Bridgeway brochure for further information.

Havenmere is arranged over three ten-bed units; Mayflower, Clyfton and Pilgrim. Each unit has a choice of lounges, a dining room and kitchen.

Service users are encouraged to decorate their bedrooms to suit personal tastes and there are TV points in each room, with WiFi in communal areas. Every bedroom has an accessible ensuite wet room, with additional multi-sensory bathrooms on each unit.

At Havenmere, we understand the importance of good, nutritious food. Our varied restaurant style dining menu is developed with service users to ensure we cater for personal tastes and dietary preferences including religious and condition-specific requirements.

Well-maintained accessible gardens include decking areas for sitting and relaxing, space for parties and areas for gardening.

Family, friends and visitors

Our open door policy means friends and family are welcome to visit and be involved in care planning and reviews. We do maintain protected meal times so would ask any professional visitors to contact us to ensure they visit outside of these times. We encourage everyone to be involved in giving those we look after the best possible quality of life. A dedicated visitor's bedroom, with a comfortable sofa bed, fridge and ensuite toilet is available for overnight stays.

“

The care and facilities at Havenmere are excellent. The team are always polite, friendly and helpful. The team at Havenmere are the best I have encountered, they obviously care about the residents and families.”

Relative.



“

The team at Havenmere are first class. I find them all very friendly and caring. I can arrive at any time and always find my husband clean and tidy and well cared for. This means an awful lot to me. I cannot praise them enough.”

Relative.

Life at Havenmere

Social activities, leisure interests and hobbies are all part of a healthy, balanced life. The Havenmere team support service users to make choices about how they live their lives, their hobbies and interests and where appropriate, access to education and volunteering.

Meals out, swimming in the local pool and shopping trips are popular. Trips to the zoo and Yorkshire Wildlife Park are favourites, as well as live music, shows and cinema trips. An accessible minibus means there is always transport available for activities. The Havenmere team regularly consult with service users to ensure they are happy with life at Havenmere and to plan for future activities.

All service users have access to the sensory room, designed to develop a person's senses through special lighting, music, and objects. Service users enjoy the beauty therapy room and the life skills room, which includes laundry and cooking facilities. The physiotherapy team work with standing frames, a tilt bed and hand therapy aids.

Inspected and rated

Good



Overview

Havenmere is part of the Exemplar Health Care group of homes for adults with complex needs. Exemplar is committed to providing the best possible outcomes for those we care for and invest in training to constantly improve the quality of care we provide, ensuring our service users are always at the heart of everything we do.

Caring for complex conditions

- **Neuro-disability**
- **Brain injury & stroke**
- **Mental ill-health**
- **Complex dementia**

Specialist care

- **Rehabilitation**
- **High dependency nursing**
- **Tracheostomy management and ventilated care**
- **Respite care**
- **Challenging behaviour specialists**
- **End of life/Palliative care**

Address

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Make a referral

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Exemplar
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Make a referral or enquire today

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