Greenside Court
Rotherham

Specialist nursing care for adults with complex needs

every day better

Exemplar Health Care
www.exemplarhc.com
Welcome to **Greenside Court**

Greenside Court is a nursing care home for adults with complex needs. Located in Rotherham, Greenside Court is a caring, welcoming and truly person-centred home.

**Personalised care**

At Greenside Court, we build our care and activity plans around an individual, supporting and encouraging them to be happy, cared for and live fulfilled lives.

Making every day better is about achieving the best possible outcomes for those we care for, so we identify goals together with individuals, families and professionals.

**Our home**

Service users at Greenside Court live in one of two units, Heshon and Bernard. Each unit has a dining room, activity room and lounges. Bedrooms can be decorated to suit personal tastes and every room has a TV point and an accessible ensuite wet room. WiFi is available in the computer room and can be extended to bedrooms where required.

At Greenside Court, we understand the importance of good, nutritious food. Our restaurant style dining menu is developed with service users to ensure a varied and interesting menu is available to everyone, taking into account personal preferences, condition-specific and religious dietary requirements.
Exemplar’s OneCare Pathway: reablement for independent living

Exemplar’s OneCare pathways are usually specially adapted 1 to 3 bedroom houses and flats, for service users who do not require the full-time care of a home, but still require support, located very close to our care homes – sometimes down the garden path.

This close proximity allows for continued support and friendship from the nearby home, whilst allowing people to develop independent living and budgeting skills prior to any move into the community. Support from a known team means people are more likely to achieve and enjoy long term, sustained successes in their personal goals.

Exemplar’s OneCare pathways are registered with the CQC for nursing care, providing options for flexible support packages built around individual needs – from 2:1 support to less intensive care. Care, support, nursing and accommodation costs are combined in one comprehensive weekly fee, allowing for straightforward reassessment and transfer into the OneCare pathway from our care homes.

“Providing a pathway of care at Exemplar allows commissioners to fund a journey for service users - starting as a comprehensive service, but reducing over time without the need to move the person to another provider. For my client, the OneCare apartment provides a genuine opportunity for him to develop.”

NHS Commissioner, South Yorkshire.
OneCare – Greenside

Greenside’s OneCare pathway service, a terraced house converted into two one-bedroom flats, is easily accessible from the main home.

Each flat has a bedroom with ensuite bathroom, lounge and separate kitchen allowing service users to develop their independence, in a home from home environment.

The house can be adapted to suit the individual needs of service users, from decorating to their personal tastes to ensuring their home is well-suited to their physical requirements.

Greenside encourage service users to work towards achieving their personal goals, and further develop their independence and life skills. Service users can move into the OneCare pathway service when they are ready – whilst still having the support of the main home as and when they require.

Supported by specialist nurses and life-skills teams, service users can further progress their journey to independence before returning to life within the community.

Case study: Sam

Exemplar’s OneCare pathways have helped service users at a number of our care homes.

Sam is 42 years old and currently living within a OneCare service. For many years, Sam lived a life of self-neglect. This led to Sam becoming unwell and suffering with severe mental ill-health.

Although he was prescribed medication, he didn’t always take it, which further contributed to his condition. As his health deteriorated, Sam was sectioned under the Mental Health Act, and spent a few years within an acute setting for mental health sufferers.

Social services referred Sam to Exemplar, recognising he needed care and support in a different environment, if his behaviours and health were to improve. On arrival, Sam required a lot of support from taking medication to being escorted around the community. With a personalised care plan and full support from his family and the care home, Sam progressed and moved into a OneCare service.

Sam is now on the Council registry for his own home. Living alone and preparing for life within the community, Sam is now able to manage his behaviour, take his medication, visit family and go out into the local community on his own.

“I’m looking forward to welcoming stakeholders, families and service users to visit the new OneCare pathway service at Greenside. It will provide a real opportunity for service users to relearn their life skills, supported by the home, and progress further towards more independent living within their community.”

Kim Payne, Home Manager
Family, friends and visitors

Our open door policy means friends and family are welcome to visit at any time and be involved in care planning and reviews. We do maintain protected meal times so would ask any professional visitors to contact us to ensure they visit outside of these times. We encourage everyone to be involved in giving those we look after the best possible quality of life. A dedicated visitors room is available for loved ones and visitors are welcome to spend time in the lounge.

I am very pleased with the care my husband gets at Greenside Court. The team are very friendly and make me feel at home there.”

Relative

Inspected and rated

Good

CareQuality
Commission

Life at Greenside Court

Social activities, leisure interests and hobbies are all part of a healthy, balanced life. The Greenside Court team support service users to make choices about how they live their lives, their hobbies and interests and where appropriate, access to education and volunteering. Regular service user forums allow people to share their views and develop future activities.

Trips to the coast, Retail World, Meadowhall and the cinema are popular and some service users also enjoy going to local football matches and horse-riding. Service users are supported to go on holiday, most recently enjoying a visit to Norfolk. An accessible minibus means there is always transport available for trips and outings. A hairdresser visits the home every six weeks, although we do encourage service users to be part of the local community, and make use of local amenities. A pleasant enclosed garden includes a patio area with space for summer BBQs and fairs. Accessible for all, the garden includes areas for sitting and relaxing, gardening and planting.

Greenside Court brings together NHS specialist consultant neurologists, psychologists, GPs and Huntington’s Disease Association experts at quarterly in-home HD clinics. Hosting clinics at Greenside Court avoids changes in routine and the frustration of long hospital waits. Service users benefit from expert consultant care in a familiar environment.

Overview

Greenside Court is part of the Exemplar Health Care group of homes for adults with complex needs. Exemplar is committed to providing the best possible outcomes for those we care for and invest in training to constantly improve the quality of care we provide, ensuring our service users are always at the heart of everything we do.

Caring for complex conditions

• Neuro-disability
• Brain injury & stroke
• Mental ill-health
• Huntington’s disease specialists

Specialist care

• Rehabilitation
• High dependency nursing
• Tracheostomy management and ventilated care
• Respite care
• Challenging behaviour specialists
• End of life/Palliative care

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