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RACE INFORMATION

WELCOME

To the Derby 10K 2025!

All profits made go directly to supporting the charitable work of Derby County Community Trust, allowing us to support over 30,000 individuals every year - we couldn't do it without you!

CAN YOU BEAT IT?

MALE WINNER 2024

37.28 37.28 FEMALE WINNER 2024

RACE PACK COLLECTION

If you entered after the postal deadline (17th March 2025, 9am) or have fun run entries, you will need to collect your race packs.

These will be available on:

- Monday 31st March, 6:00pm 8:00pm
 The Derby Runner, 7 Sandringham Drive,
 DE21 7QL
- Thursday 3rd April, 4:30pm 6:30pm Harrison's Hub, Pride Park Stadium, DE24 8XL

Any leftover packs will be available at the info point on race day, but please collect in advance where possible.

RACE DAY SCHEDULE

7:30AM CAR PARKS OPEN TO PUBLIC

R-NNAM INFORMATION POINT OPENS

A-4MAM GROUP WARM UP

R-45AM HEAD TO THE START LINE

9.00AM MAIN RACE STARTS ON ROYAL WAY

]][·]SAM FUN RUN GROUP WARM UP

10:30AM FUN RUN STARTS ON ROYAL WAY



WHAT'S IN MY RACE PACK?

This year all race packs will be delivered as part of your entry fee (unless entered in the late entry phase after 9am on Monday 17th March - see page 3 for race pack collection times and dates).

In your pack you should receive your technical T-shirt, which can be worn to race in but isn't mandatory, and your race number. Please note, your number has your timing chip on which you cannot bend else you could void it.

There will be a baggage tag in your race pack which you should use if wanting to store items on race day. Please be aware that bags are subject to random searches and are left at your own risk.

You must complete the information on the back of your number for your own safety.

Your race pack will be delivered in the two weeks prior to race day. Please do not contact us unless it has not arrived by Thursday 3rd April.

WILL THERE BE A WARM UP?

Yes. A group warm up will take place in the race village at 8:40am, we will also be hosting a warm up for the 3K fun run at 10:15am.

CAN SOMEONE RUN IN MY PLACE?

Any transfers of places need to be made by Friday 4th April by contacting us on 01332 416140 or at derby10k@dcct.co.uk.

Please do not swap or pass on your race number after this date or without informing us as your emergency contact and any medical details will be incorrect. Any runners found doing so will be disqualified.

CAN I WEAR HEADPHONES?

Derby County Community Trust strongly discourage the use of ANY headphones at the Derby 10K.

The only permitted headphones are bone conduction sets but we prefer all runners to be completely aware of their surroundings, other runners and enjoy the race atmosphere.

Marshals will ask for non-bone conducting headphones to be removed.

WHEN CAN I FIND OUT MY RESULTS?

Provisional results will be made available as soon as possible after the race via the DCCT website and local media.

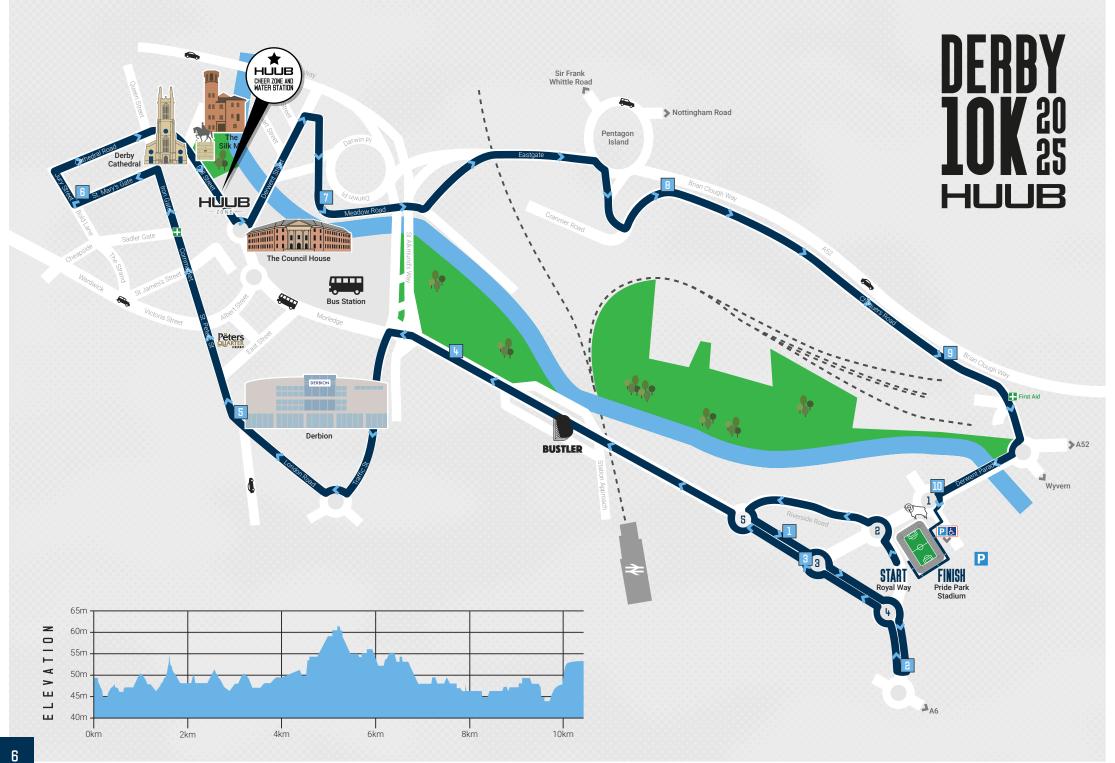
Official results will be published two weeks after race day.

WHERE CAN I PARK?

The Pride Park Park and Ride and Derby Arena car parks are our official race day car parks. They will be open from 7:30am. Please note the roads on Pride Park will be closed at 8:30am and you may be affected by road closures post race.



Please place yourself in the start line pen closest to your predicted running time. There will be large flags to denote these on the day. As the event is chip timed you will receive an accurate finish time regardless of when you start, so please allow others space and respect our staff on the start line.



IN ALPHABETICAL ORDER

ROAD CLOSURES

8:45am – 10:40am Nottingham Road (no access to Derwent Street)

8:45am - 10:30am	Albert Street	8:30am - 10:15am	Orient Way
8:45am - 10:40am	Cathedral Road	8:30am - 10:15am	Pacific Way (towards Pride Park)
8:45am - 10:40am	Cavendish Court (free for ambulances)	8:45am - 10:45am	Pentagon Island (lane restrictions)
8:30am - 11:00am	Chartwell Drive	8:45am - 10:40am	Phoenix Street
8:30am - 11:00am	Chequers Road	8:30am - 10:30am	Pride Parkway (Island 4 to cockpit)
8:45am - 10:40am	Corporation Street	8:45am - 10:40am	Queen Street
8:30am - 11:00am	Cranmer Road	8:30am - 11:00am	Riverside Road
10:15am - 11:30am	David Lloyd Footpath	8:30am - 10:15am	Roundhouse Road
8:30am - 11:00am	DCFC Sports Road (into car park)	7:00am - 11:00am	Royal Way/Victoria Way/Royal Scot Road
8:30am - 11:00am	Derwent Parade and MIllenium Way (Wyvernside to Island 2)	8:45am - 10:30am	Sadlergate
8:30am - 11:00am	Derwent Parade (Island 3 to 1)	8:30am - 10:15am	Siddals Road & Sliproad (towards Cockpit)
8:45am - 10:35am	Derwent Street	8:45am - 10:40am	Sowter Road
8:30am - 11:00am	Downing Road	8:45am - 10:30am	St James Gate
8:45am - 10:40am	Eastgate (bus access to Meadow Rd)	8:45am - 10:30am	St Marys Gate (parking restrictions needed Stuart Street)
8:45am - 10:40am	Eastgate (partial closure, lane restrictions)	8:45am - 10:35am	The Cockpit junction (no access to Pride Parkway)
8:45am - 10:40am	Exeter Place Sliproad (off St Alkmunds Way)	8:45am - 10:15am	Access only to Siddals Road Sliproad
8:45am - 10:40am	Exeter Street (parking restrictions needed)	8:45am - 10:15am	The Cock Pitt junction (access to Traffic Street)
8:45am - 10:40am	Full Street	8:45am - 10:20am	The Spot (parking restrictions)
8:30am - 10:15am	Harrow Street (towards Pride Park)	8:45am - 10:15am	Traffic Street (both ways)
8:45am - 10:30am	Jury Street (lane restrictions)	8:45am - 10:30am	Victoria Street
8:30am - 10:15am	Liversage Street	8:45am - 10:40am	Walker Lane
8:45am - 10:15am	London Road (from Traffic Street parking restrictions needed)	8:30am - 11:00am	Wyvernside
8:30am - 10:15am	Locomotive Way	8:45am - 11:00am	Wyvern Way (towards Pride Park)
8:45am - 10:40am	Meadow Road	8:45am - 11:00am	A52 lane restrictions

SPONSORED BY



L.E.A.D. IT Services

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FUN RUN INFORMATION

JOIN US...

For the Family Fun Run after the main event, this year sponsored by Lead I.T. Services

Starting at 10:30am, anyone can join in with the fun run and earn their own medal.

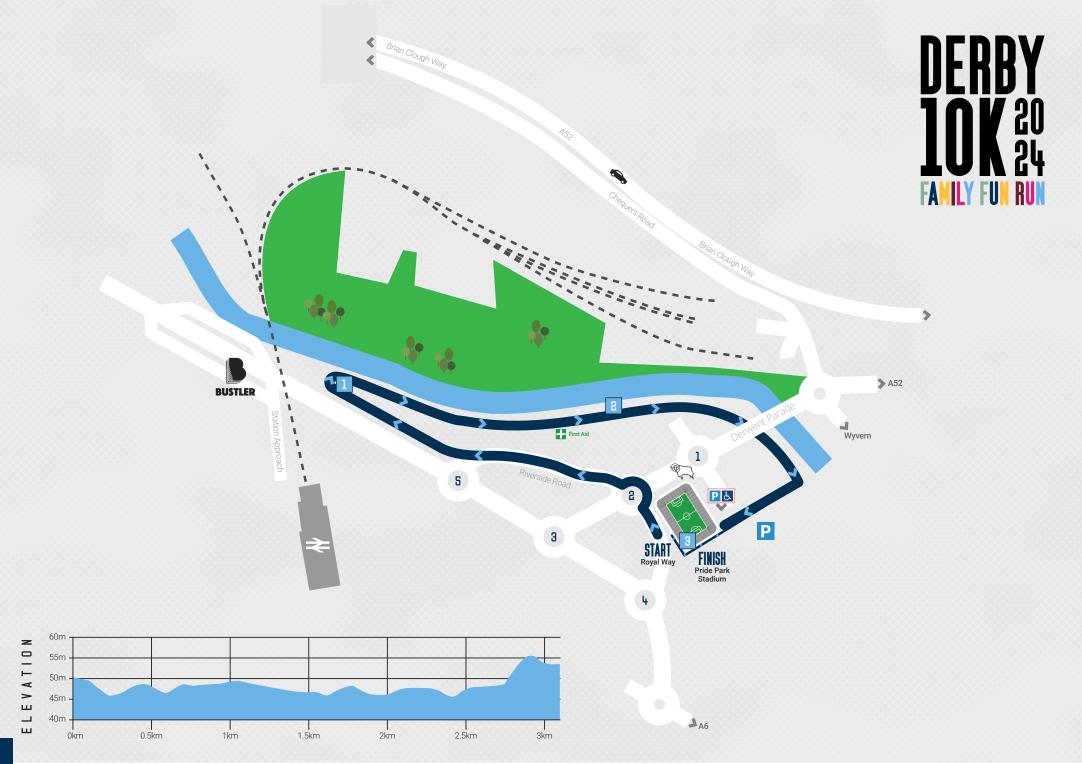
Runners under 8 must be accompanied by an adult and you can run with a pushchair at your own discretion - please start towards the back of the field if you are running with one though!

10K runners can enter this second event for free, so enter the kids for a run around of their own!



ENTER NOW

Fun Run online entries cost £5, and if you purchase 4+ spaces you'll automatically receive 25% off your booking! Take advantage of the discounted online rate until 1pm on Friday 4th April, after which entries will be taken on the day at £7 per entry.



POINTS OF INTEREST

INFORMATION POINT

Harrison's Hub in the North West corner of Pride Park Stadium.

Please visit the Information point for:

- Late entry race pack collections
- Replacement race numbers
- T-shirt swaps
- Fun run entries (collection of pre-booked and ability to purchase on the day spaces)
- Safety pins! (Please bring your own wherever possible)
- Lost property

BAGGAGE STORAGE

In the Fans' Park marquee in the stadium car park.

Please attach your baggage tag in order to store items at the Baggage Point. Please note, all belongings are stored at the owners' risk. Race organisers reserve the right to search bags if there is deemed to be a risk.

WATER STATIONS

Outside HUUB Design (Full Street, approximately 6.5km into the race) and at the finish line.

Based on feedback, we have returned to bottled water for this year's event. Bins will be in prominent positions near water stations, so please aim to recycle empty bottles and do not litter on the course.

TOILETS

In the North Stand concourse.

Please allow plenty of time to use the toilet facilities at Pride Park Stadium.

PRE AND POST RACE MASSAGES

In the North Stand concourse.

Supplied by Impact Physio, complimentary massages are available without prior booking.

RACE VILLAGE

In the main West Stand car park.

VIP LOUNGE

Baseball Lounge, South West corner of Pride Park Stadium.

Please access the VIP Lounge via the dedicated entrance, showing your race number so you can be registered efficiently. VIP upgrades are available online ahead of the race.

SPECTATOR POINTS

Anywhere on the course, but we suggest:

- Pride Park Stadium, where you'll see the runners off and welcome them back again
- HUUB Cheer Zone, outside HUUB HQ on Full Street
- The Spot, to cheer on runners making their way into the city centre
- 8km Party Corner, organised by a local family to keep you going for the last part of the race!

RACE DAY

- Arrive in plenty of time. There are designated race car parks please check our website for details.
- Make sure you warm up! Either on your own or join our group warm up.
- Ensure you're aware of the 90 minute time allocation. Our cyclist will advise you at the halfway point if it is unlikely you will finish in time, so we can allow you to finish on pavements while roads are reopened.
- Enter the Fun Run! Entries into the Lead I.T. Services Family Fun Run will be taken on race day and up until Friday 4th April online.
- Tell your friends and family to come and watch! Our recommended cheer points are on the route with details of all road closures. There are many parts of the route in town which are fully accessible during the race.
- Check for your photos! Mick Hall will be providing our race photos and they will be uploaded as soon as possible after race day: mickhall-photos.com

DON'T

- Arrive late or without your race pack if you are not on the start line by 8:55am you cannot race! There is a £10 charge for a replacement race number from the info point.
- Ignore the road closure signs they are legally in place for your safety.
- Be late to the start line! We recommend getting yourself in position at 8:45am.
- Leave it too late to use the toilets/changing facilities! These will be located in the North stand and signposted, but will get busy.
- Race in headphones this is a health and safety risk due to the sheer number of runners and we have visually impaired runners whose guides need to be able to communicate.
- Give your number to another runner without changing your details with us. We can transfer runners up until Friday 22nd March but after this date please don't give your number to anybody else due to health and safety.

PRE & POST RACE MASSAGE

ON RACE DAY

FREE PRE AND POST MASSAGE FOR ALL RUNNERS IN THE RACE VILLAGE. (Donations accepted)



AFTER RACE DAY

Impact Physio have been supporting the Derby 10K since 2019 and are delighted to offer runners **10% off their physio and massage sessions until the end of April** (with 2025 race entry confirmation).

Contact Impact Physio to book your session at one of their clinics:

- Derby Arena
- University of Derby Sports Centre
- Long Eaton

Quote your race number to **contact@impactphysio.co.uk** or call **0115 9721319**



DERBY 10K DISCOUNTS



Receive 20% off in store with your race number or use code **DERBY10K25** online.

Offer expires 05/05/2025



Flash your Derby 10K 2025 medal when dining at Nicco Restaurant and Bar on **Sunday 6th April** to **claim 10% off your food bill all day.**

Enjoy - you've definitely deserved it!



We'd love to offer a **free cool down class** at either Hotpod
Yoga Derby or Hotpod Yoga
Mansfield to anyone who takes
part in the Derby 10K.

Please email a picture of your race number to:

derby@hotpodyoga.com or mansfield@hotpodyoga.com and you'll be sent a discount code to use for a free single class pass.

HUUB

Receive 25% discount off all non sale items using discount code DERBY10K-25

HUUB MERCHANDISE

https://huubdesign.com/collections/derby-10k

DERBY 10K MERCHANDISE

EXCLUSIVE DERBY 10K 2025 MERCHANDISE AVAILABLE TO PURCHASE FROM HUUB DESIGN



DERBY 10K -Hoodie blue





DERBY 10K -Hoodie Orange





DERBY 10K - TECHNICAL LONG SLEEVE - PINK





DERBY 10K - TECHNICAL LONG SLEEVE - GREEN



