

October Activities At Chorleywood Beaumont



Here are the events and activities going on this month!

Tuesday 1st

Slow yoga Therapy with Carly in the Pavilion Lounge at 10:30

Friday 4th

Henry Webster, will be returning
With some of your favourite songs and gentle exercises in the Pavilion
Lounge at 2.30pm
All welcome.

Friday 11th

Sing a Long with Ian James will be taking place in the Pavilion Lounge at
3.30pm

Wednesday 16th

World food day, come and join us for a food tasting in the Pavilion Lounge

Wednesday 23rd

London Mobility will be returning, doing some one to one sessions and
performing in the Pavilion Lounge with songs & gentle exercises
All welcome.

Tuesday 29th

Join us for Pumpkin carving in the Pavilion Lounge preparing a pick "n" mix
for trick or treaters
All welcome.

Regular activities and events

Hairdressers every Tuesdays and Wednesdays

Sharon's Community Choir Every Wednesday

Warren community Communion every 2nd of the month